



Let's  
take a trip!

Where shall  
we go?

Recalling moments and memories  
through art exploration!



## WHO?

- This curriculum may be used by partners in homes, in group residences, or in locations where people gather and form social communities.
- It may be useful to those in early stages of memory loss.
- Topics may be useful to home health care givers, family members, and friends who are searching for activities that can be done together with those who are isolated.
- The materials may be adapted for children through adults.

## WHAT?

- Thematic activities rely on the visual arts to focus discussion.
- Themes are introduced through art images or prompts; they promote dialogue. Activity may follow which is structured in steps.
- The “process” of the art activity is more important than the “product.”
- The art making should be playful, non-judgmental.
- The goal is to reinforce memory, make associations, and communicate.

## WHERE?

- This PowerPoint is designed to be used at home, in classrooms, or in social groups like churches, resident facilities, senior centers, etc.
- The art activity outlined on-line may be simple, with common materials. In another forum with many tables, water, etc. an art activity may be substituted which is more complex.

## WHY?

- This process has been successful in the Central Minnesota region, the four counties of Benton, Sherburne, Stearns, and Wright Counties.
- This on-line model is being tested.
- The goal is to expand to people who are new to the concept, isolated in their homes, or may not have access to local groups like ART BRIGHT
- When support groups are not available, we hope to develop on-line partners.

These educational resource materials were created in 2021 by Paula Decker Benfer, artist and art educator, My Cellar Studio LLC.

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Contact the above artist if you wish to use the curriculum resources in this Power Point.

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Put the CD in a  
*computer* to play.

At home: 2 or 3 people could  
see the computer screen at  
the same time!

In a group residence: many  
people could view on a  
projection screen.

Care givers will want to become  
familiar with this CD before using it  
with their loved ones, or clients.

There are **many sections** in this  
program on trips or vacations.

You would NOT want to do them  
all at once.

Pick and choose areas which might  
interest your clients.

Who would want to try this approach?

Who are the folks who work with someone with declining memory?



Groups from resident care

Home care giver and clients



Single friends



Groups with shared concerns



Moms and daughters



People recovering from strokes



Committed partners or couples



Teachers and children

# Goals & Objectives

- We will look at several examples of art based on a theme.
- We will look for details in the art. (Objective review)
- We will describe the way the art image makes us feel. (Interpretation)
- We will discover a theme in the work.
- We will encourage recall through memory activities. (Related to personal history)
- We will share our thoughts and observations with others.
- We will talk and have conversations to the best of our capabilities.
- We will think about related rhymes, games, and music based on the theme.
- We will be practicing story telling through sensory stimulus.
- We will be inclusive of other cultures and ethnic groups, as themes will relate to all human beings.
- We will share some social time with each other.
- We will be introduced to a hands-on art activity.
- We will be encouraged to create ( to the best of our ability) with materials which should be easily obtainable.

*The following slides are shown to you as 2 printed images  
of **9** different ART MASTERWORKS:*

1. You will look at the first image carefully. Look for all kinds of details, things you NOTICE.
2. Then go to the second image of the same masterwork, but you will have some **questions** to help you NOTICE MORE.
3. You may like some subjects of paintings more than others.  
You pick and choose which ones to spend the most time.  
Perhaps: The questions will help you like the art work more than at first glance. So it is up to you....

**Maybe you could do one a day for a week!**

This method of looking is called **DESCRIPTIVE REVIEW**...it is explained in the next slide if you want to learn more.

**It helps people SLOW DOWN and really LOOK.**

# Descriptive Review: a method for critique.....how do you look at art and stimulate discussion?

## PHASE 1: (Describe)

**Study the image before you.**

Talk about what you see. What do you notice? What is going on in the work? What details do you see?

In a sense, you are “making a list” or “taking inventory” of what is in the work.

## PHASE 2: (Speculate/ Interpret) Support your comments with “evidence” found in the art piece.

If you were to title this work, what might you suggest?

When do you think the artist (s) might have created it? Time period?

What do you notice about the way the artist presents the subject matter?

What “style” of art might have influenced this artist?

Why do you think the artist selected this subject matter?

What questions does it bring up for you as an on-looker?

Speculate about “what do you think the artist is trying to say?”

What can you guess about the artistic training of the artist, based on their style?

***ASK STUDENTS TO ADD TO THESE QUESTIONS...WHAT WOULD THEY ASK THE ARTIST IF THEY WERE PRESENT?***

## PHASE 3: (Response/ Critique/ or Evaluation) Research on the artist or their time period may enhance this phase:

What is your emotional response to this work of art? What do you want to do with that emotion?

What other kinds of subject matter do you think this artist would present?

Why do you think this representation is important to different racial or ethnic artists?

What do you think the artist is trying to “get” or elicit from the viewer?

How did the medium the artist chose for the idea, contribute to the mood and quality of the “message?”

What ideas do you have which would respond to the ideas presented by this artist? Use what medium?



Raoul Dufy  
05



Raoul Dufy

## OBSERVING:

- Describe the colors the artist is using.
- How is the paint applied?
- Describe the location and structures.
- What are the figures doing?
- What are they wearing?
- What is the weather?

## INTERPRETING:

- Where do you think the action takes place?
- What period of time is represented?
- What do you think the figures are thinking?
- What is significant about the weather?
- What do you predict will happen next?
- Why did the artist apply colors like this?
- Why do you think these figures want to be present in this place?
- Who has access to this location?
- What title would you give the painting?

## WHAT QUESTIONS DO YOU STILL HAVE?

*Do you wonder what the artist's other paintings use as subject matter?*

*What do you think motivates this artist to share his work?*

*Do you wonder how the artist developed his "style?"*

*Is this a real scene where the artist paints?*



**Jonathan  
Biggers**

## OBSERVING:

- *How many figures do you see?*
- *What are they holding?*
- *What are their facial expressions?*
- *What colors did the artist select?*
- *What is the placement and movement of the figures?*

## INTERPRETING:

- *What is the setting for the action?*
- *What country is represented?*
- *What emotions are represented?*
- *What is significant about the movement in the piece?*
- *Why do you think the people gather?*
- *Why did the artist apply colors like this?*

## WHAT QUESTIONS DO YOU STILL HAVE?

**Where was the artist when this was done?**

**What relationship does the artist have to the people painted?**

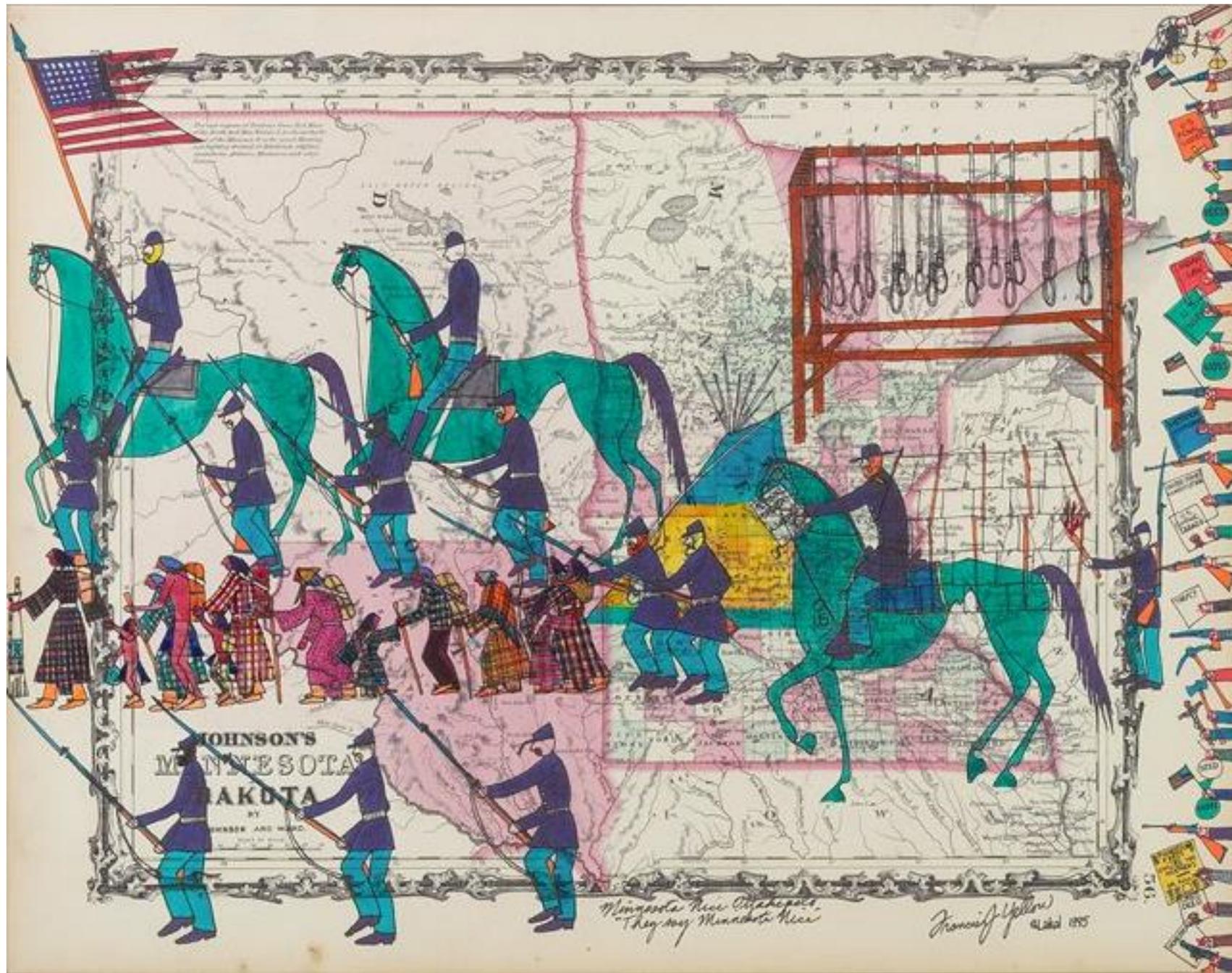
**What size is the original piece of art?**

**What reason did the artist have for using such basic colors?**

Jonathan  
Biggers



Wanbli Koyake  
(Lakota)





### OBSERVING:

- What figures are in the painting?
- What animals, and objects are in view?
- Describe the clothing.
- What is on the painting surface?
- What is the structure in the background?
- What is included in the borders?

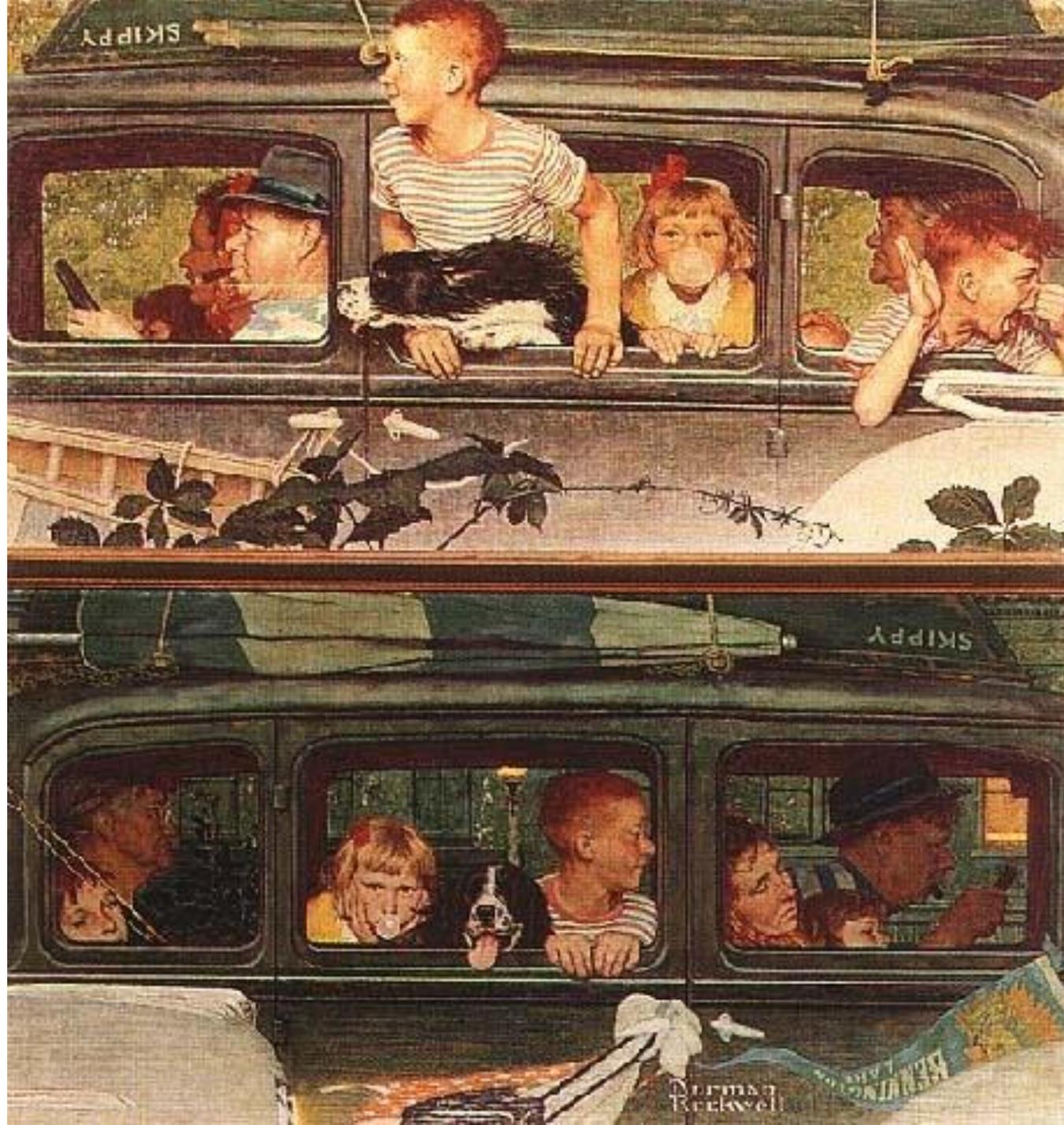
### INTERPRETING:

- What do you think is happening in this scene?
- Why do you think the artist depicted this?
- Why are the figures so different in size?
- Why would the artist include words?
- What is important about the background structure? Why is it included?
- What is the border telling you?
- How do the walking figures feel?
- What is the artist trying to say by painting the image on a map?
- People in Minnesota say they are "Minnesota Nice." Why do you think this artist thinks otherwise?
- What culture is represented by the artist?

### WHAT QUESTIONS DO YOU STILL HAVE?

I wonder what title the painting has and where it is exhibited.

Perhaps the story show is real; I wonder where I can find out the history.



Norman Rockwell

## OBSERVING:

- *How many figures do you see? What are each doing?*
- *How many sections are there for this scene?*
- *What emotions are in facial expressions?*
- *How did the artist alter colors?*
- *What is the placement and movement of the figures?*
- *What objects are added into the scene?*

## INTERPRETING:

- *What story would you tell about the subject matter?*
- *What country or culture might it represent?*
- *How do the characters change?*
- *What is significant about the movement in the piece?*
- *Why do you think the people gather for this event?*
- *Why did the artist apply colors like this?*
- *What time of year would this take place?*

## WHAT QUESTIONS DO YOU STILL HAVE?

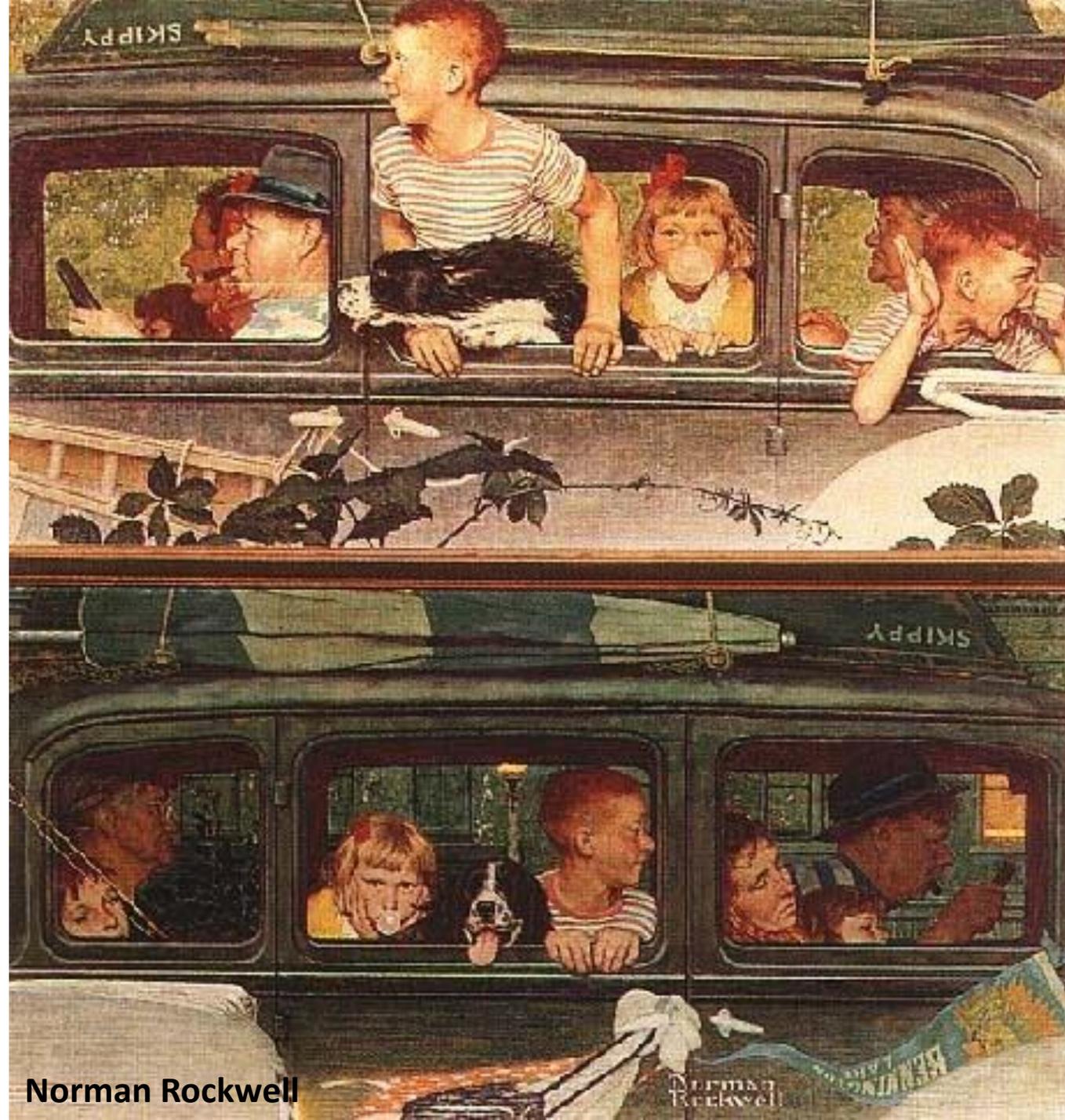
**What reason did the artist have for changing colors?**

**Where was the artist when this was painted?**

**What relationship does the artist have to the people painted?**

**Why would the artist want to create this story image?**

**What reason did the artist have for using such basic colors?**



Norman Rockwell



**William  
Johnson**



William  
Johnson

### **WHAT QUESTIONS DO YOU STILL HAVE?**

**Did this artist have formal training? Was this his career?**

**What kind of materials did this artist use? Why?**

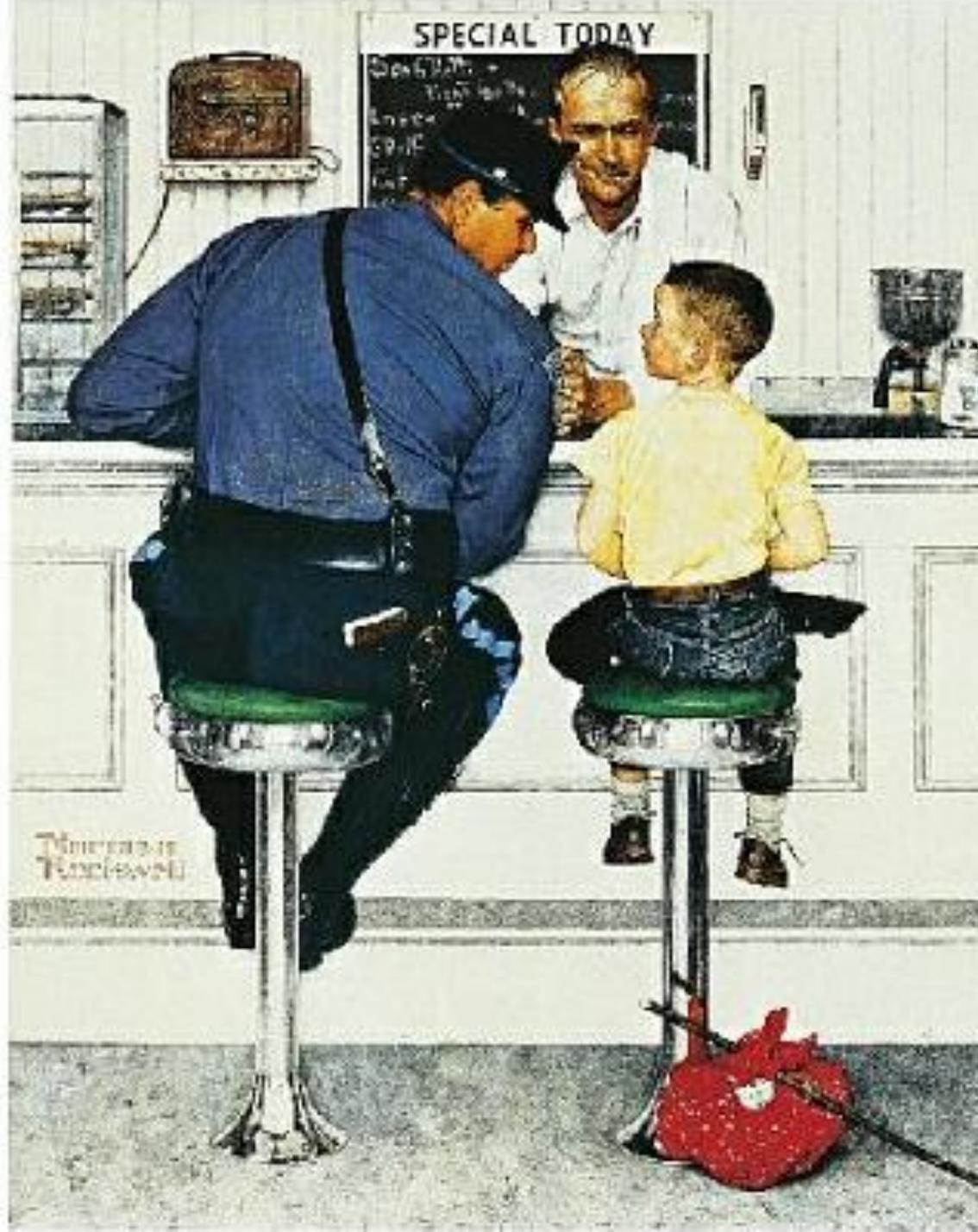
**Did this image represent something from the artist's life or culture?**

### **OBSERVING:**

- *What figures are in the painting?*
- *What structures or objects are in view?*
- *Describe the clothing.*
- *What is on the painting surface?*
- *What is the body language of figures?*
- *What style does the artist have?*

### **INTERPRETING:**

- *What do you think is happening in this scene?*
- *What is the role of the people in the painting?*
- *Why do you think the objects or setting is important to what is happening?*
- *Why is exaggeration important?*
- *Does the artist give clues about transportation and communication?*
- *What associations do you make to this scene?*
- *How does this image represent the artist's culture?*
- *What do the color palette, and placement, or gestures communicate?*



Norman Rockwell

### **OBSERVING:**

- *How many figures do you see?*
- *What is the placement and movement of the figures?*
- *What objects are added into the scene?*
- *Describe the color in the environment.*

### **INTERPRETING:**

- *What story was the artist trying to tell?*
- *What is the role/ relationship of the people present?*
- *Why is the contrast of size so important?*
- *What will happen next in the story?*
- *What decade do you think is represented?*
- *Where would you expect to see this kind of painting?*
- *What culture do you think is represented?*
- *What is the conversation between the three figures?*

### **WHAT QUESTIONS DO YOU STILL HAVE?**

**What inspired this scene?**

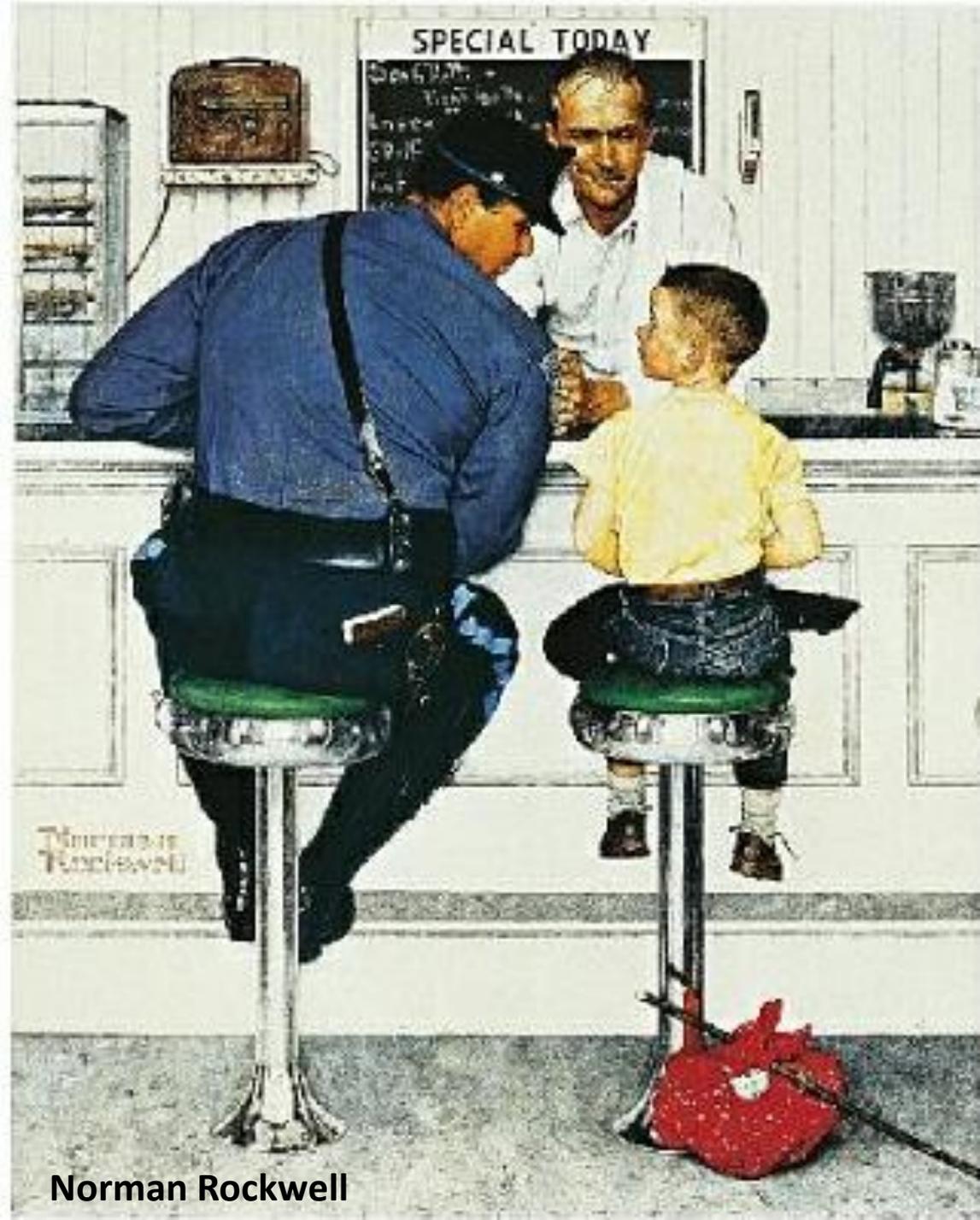
**Did the artist have a story like this he might tell?**

**How were policeman portrayed in his decade?**

**Why is this theme universal?**

**Where did this artist paint? Are the figures real?**

**How did the artist create the scene?**



**Norman Rockwell**



Grant Wood



**WHAT QUESTIONS DO YOU STILL HAVE?**

**What is the story of this artist? Where did he work?  
How does this art piece match his other body of work?  
Is this a real location? When was it painted?**

**OBSERVING:**

- *What objects are in the scene?*
- *Describe the sky.*
- *How does the artist change height and movement?*
- *What is the location like?*
- *How does the artist get you to look in one area?*

**INTERPRETING:**

- *What actions are happening in the story?*
- *What sounds would you expect to be hearing?*
- *Where do you think this is taking place?*
- *How does the artist make color fit the drama?*
- *What is happening in the sky?*
- *If you play out the scene, what will happen when people in town hear what took place?*
- *What title might you give this piece?*
- *What decade do you think the artist worked?*
- *What role does the landscape lend to the story?*

**Richard Glazer-Danay  
(Mohawk)**



Richard Glazer-Danay  
(Mohawk)



### **OBSERVING:**

- *What objects do you see included in this art piece?*
- *What colors and textures do you see used by the artist?*
- *What symbols are included in the piece?*
- *What is taking place on the outside of the box?*

### **INTERPRETING:**

- *Why do you think the artist selected these specific objects to use?*
- *What do you think the artist is saying through symbols?*
- *What reason would the artist have to combine the decorative edge?*
- *What do the shiny, silver things represent in the piece?*
- *How do you feel about the way the figure in the center is shown?*
- *Why do you think this subject matter was of interest to the artist?*

### **WHAT QUESTIONS DO YOU STILL HAVE?**

**I wonder if I am allowed to pick this up.**

**What is on the back of the piece?**

**What is the function of the piece?**

**Is it a memento or an art object?**

**Does this artist represent a culture?**

**Does the artist only make boxes?**



McCall

*McCall, 74*

### **OBSERVING:**

- *Describe the environment or view.*
- *What equipment is visible?*
- *What words are present?*
- *Describe the lighting and colors.*

### **INTERPRETING:**

- *Why do you think this kind of image was painted?*
- *What is the goal for having a big audience for the piece?*
- *What actions are about to take place?*
- *What period of history does this represent?*
- *How do you think the artist “saw” this action?*
- *What kind of cooperation is suggested?*
- *Why would the sky be stylized?*
- *When was this painted?*



### **WHAT QUESTIONS DO YOU STILL HAVE?**

Is this artist hired by NASA? Why?

What reason was it painted? Art or history?

Did the artist use photography as a way of setting up the scene?

Does the artist paint other subject matter?

# Stories about Trips or Vacations

## Examples of Stories:

- The first vacation I remember was when my family went to the Wisconsin Dells. I was in the third grade. We rode on the “duck.” I was able to buy white moccasins with fur trim. They were my first souvenir. I thought they were beautiful.
- Our children were at youth camps. We visited friends at their cabin. We drove a tiny Ford Fiesta. The car was overflowing when we went home. My husband had dug up a tree to plant at home. I rode in the backseat with a root ball between my feet and leaves in my face!
- Our son and his family live in Sweden. Our only grandchildren live there. We try to fly there once a year. We are still very close, but I get envious of people with families living near them.
- Mom and Dad didn’t leave the farm often. Once they flew to California to see Mom’s sister. My brother and I were to take care of the farm. Bill milked the cows and worked in the fields. I watched the house and garden. The folks no more than left, and Bill was in the south forty acres. I was alone when the pigs broke out and scattered EVERYWHERE! I spent all day chasing them. When Bill got back, I had them in the garage, not the pen!
- In the fifties my family would join others for picnics at “the ½ mile place.” It was a rocky, wooded area, with a clear stream. I remember sitting on the blanket in the sun with the basket. Everyone was startled and told me to sit very still. There was a big black bull snake sunning itself and sharing the blanket with me. I followed directions! I still don’t like snakes!
- **YOUR TURN:** Think about places you have been, trips you took alone, or funny stories. Your story could be about “trips to the grocery” or “trips overseas!” Your story could be happy, or about getting lost!

**If you are not able to think of a story  
to tell on your own,  
maybe the following pictures will  
prompt a memory you can tell.**

***Or make up a story to go  
with one of the following  
pictures!***

**If you are having fun, you may do  
more than one.**









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***Uh Oh...***  
**Ever need**  
**these on**  
**your trip?**  
***(Tell me about it!)***

**Sort the five pictures that follow.**  
**Then tell what order things need**  
**to happen:**  
**1-2-3-4-5**





# ROAD TRIP!

Load up the car. Can you determine which STATE we are visiting?



In what two states will you find Mickey, Minnie, Pluto, and Goofy? Can you tell me the names of the two chipmunks?



You will find this sign in this **coast state**. Which star would you approach for an autograph?



What are some  
of the **U.S.**  
**states that have**  
**deserts?**

What are the  
plants called?

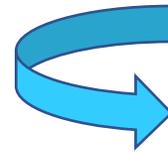
They aren't  
trees!



**Where will you be to see monuments to three presidents?  
Can you name the three presidents?**



**Who meets in the building on the right?**



**How many Senators come from each state?**



Which  
**east coast state**  
do you think  
this is?



For what was  
the tall  
building used?

Can you name the famous Presidential Family  
who had their summer home in this state?



Which state  
sings, *“that’s  
where the tall  
corn grows.”*

What is piled  
up in this field?

Name three of the  
**“heartland states.”**

What is the  
season?



Name **three states** which are the home of the Rockies.  
Can you name this famous lake?

What **city** on the Mississippi is famous for making breakfast cereal?

In **what state** is it located?



Name the **State**  
which is home to  
this “grand” canyon.



What river runs through this canyon?

What kind of fishing  
are these people  
learning to do?



Name **two states** with sand  
beaches and tropical breezes.

This **west coast state**  
is famous for this  
golden gate bridge.

Can you name  
the **city**?

Are you able to sing  
some of the words to  
the famous song?



Singer Tony Bennett said he left a part of his  
“body” in this city! What part of his body  
did he “leave” behind?



In what **state** is this grand old music hall located? Can you also name the **city**?



What is the name of the music auditorium?

What genre of music is sung on this stage?

Is there a music artist you like?



In **what state** would you still expect to see cowboys?

The tiny mission above was defended, lost, and always “remembered” by the citizens of this big state.





You might  
rent a cabin  
and fish in  
**this land of  
lakes state.**



Go far, “up north”  
you are in the grand  
portage area.



On a clear day you can see the famous volcano, Mt. Rainier, from this tower.

**Name the city and the Name of the tower.**

In what **state** did a volcano erupt?  
Can you name the volcano?



What **state** carved  
four US Presidents  
into a monument?  
Can you name them L to R?



Do you know which tribal  
people call this their sacred  
home? The state took their  
tribal name as part of its own.

This bell is famous.  
How did it get a big crack in it?



**In what state did the United States officially become a nation?**

What is the name of the famous building above?



This **state** and **city** use the same name. What water falls border them with Canada?





These protected trees are as old as the dinosaurs.

What kind of trees are they?

What color is their wood?

If you go to the north in this **very long state** you might find just enough room to drive through this!



**This state** is home to the first national park in the US.

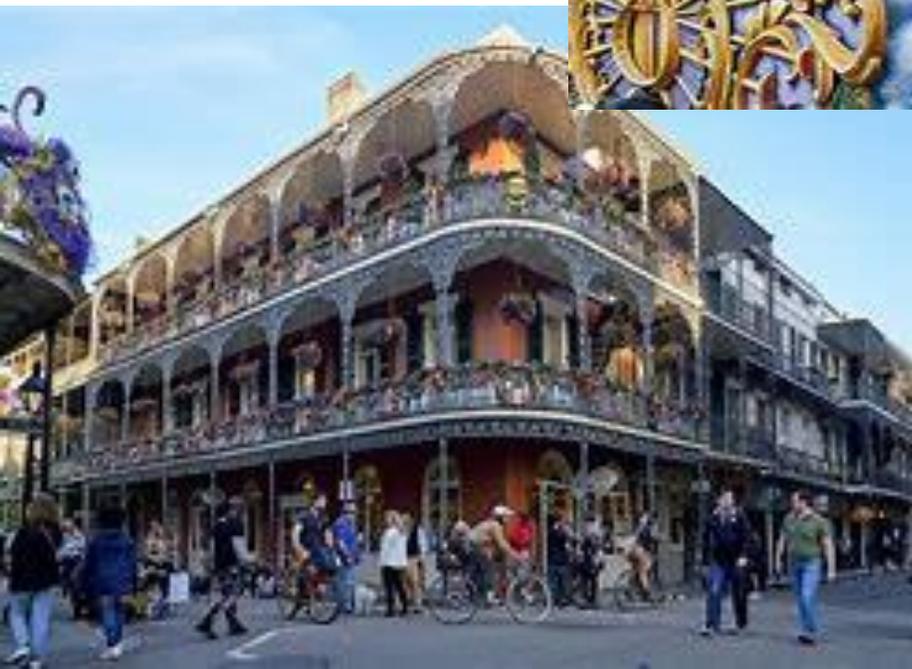
**What is the name** of the “water spout” on the left?



This animal used to be pictured on a US coin, which one?

What is its name?

You might catch  
beads at this  
parade. Name it.



What state is on the mouth of a gulf  
of water? Can you name the  
**state and the body of water?**

Before they spoke English, people may have spoken  
what language in the city?

I “bet” you can tell me in which **state** this horse race occurs!

What is the name of the race and location the horses are competing?





What **river** runs through the heart of the US, north to south?

What kind of boat is pictured?

This national monument symbolizes the “gateway to the west.”

In what **state and city** is it found?





What is this purple mountain flower?

Know the name of this lake made from ice melt?



Name **two western states** where you might cross the Rocky Mountains.

**Feeling exhausted  
after your trip in the  
USA?**



**Then buckle your  
seatbelt, and let's fly  
around  
the WORLD!  
*Tell me the COUNTRY  
where we land?***



**This country** is directly south of the border. Which large US state shares the border?

This folk band has a special name. Their **music** starts with the letter M. What kind of **hat** do they wear?

Can you **name** a culture that would have created these **ancient step cities**?



Name the **city**  
and **country**  
where you  
would find  
this very  
famous clock.



What is the  
**clock's name?**

**Who** has a castle in this city?



Can you name the  
**country?**  
What makes it famous?

This country is known as “down under.”  
What is it under?



This is the only  
**country** where  
you will find this  
kind of animal.

What is the  
**animal's** name?

How does the  
animal move?



What is the **name** of this famous iron tower?

What **city and country** is its home?



What is the name of this famous **dance** these women are dancing?

Many countries  
make up the  
continent called:

\_\_\_\_\_.

Are you able to  
name three of the  
animals you would  
see if you were on a  
trip called a safari?





These countries look  
long on a map.  
Together, they are  
sometimes called  
Scandinavia.

Can you name  
any of these  
European  
**countries?**

Many Scandinavians  
settled in Minnesota.



This **large country** is famous for its onion dome architecture. If you visit, you better pack warm clothes for winter.



This **country** is home to many ancient treasures. It has a desert climate.

Do you know what we call the gold “boy king?”

What name is given to these triangle mounded forms?



This **country** is the neighbor of the USA. It is north of our border.

What **tree leaf** is on their national flag?

Where would you go to get a good view of the city?



This **country** is shaped like a  
“boot.” What is its name?



What city has  
water for  
roads?  
What is the  
boat called?



What is the city  
that is home to  
this ancient  
auditorium?  
It is the capitol  
of the country.





This beautiful shrine is a tomb for a beloved woman. Do you know its name?

This **country** is one of the most populated in the world.

What are the people using for a ride?





Can you name one of the countries making up this “holy region?”

This area is home to three major religions. Perhaps you can name some of them.





This is an island country with a love of nature.  
Name the **country** and the **ocean** which surrounds it.



What **country** would you be visiting if you wanted to see the man with a red cape?

What animal is the man trying to defeat?



An explorer from this country sailed across the ocean in three ships.  
Can you name the ships?

Sometimes we think of people when we see the kinds of “transportation” or “trip” they took.



Tell me *who you think of* when you see the pictures which follow!



Do you remember any **cowboy** names from your childhood?  
Perhaps they were movie or TV stars!

**Who** do you think rode these wagons?

Name the two states that complete the slogan:

“\_\_\_\_\_ or Bust!”



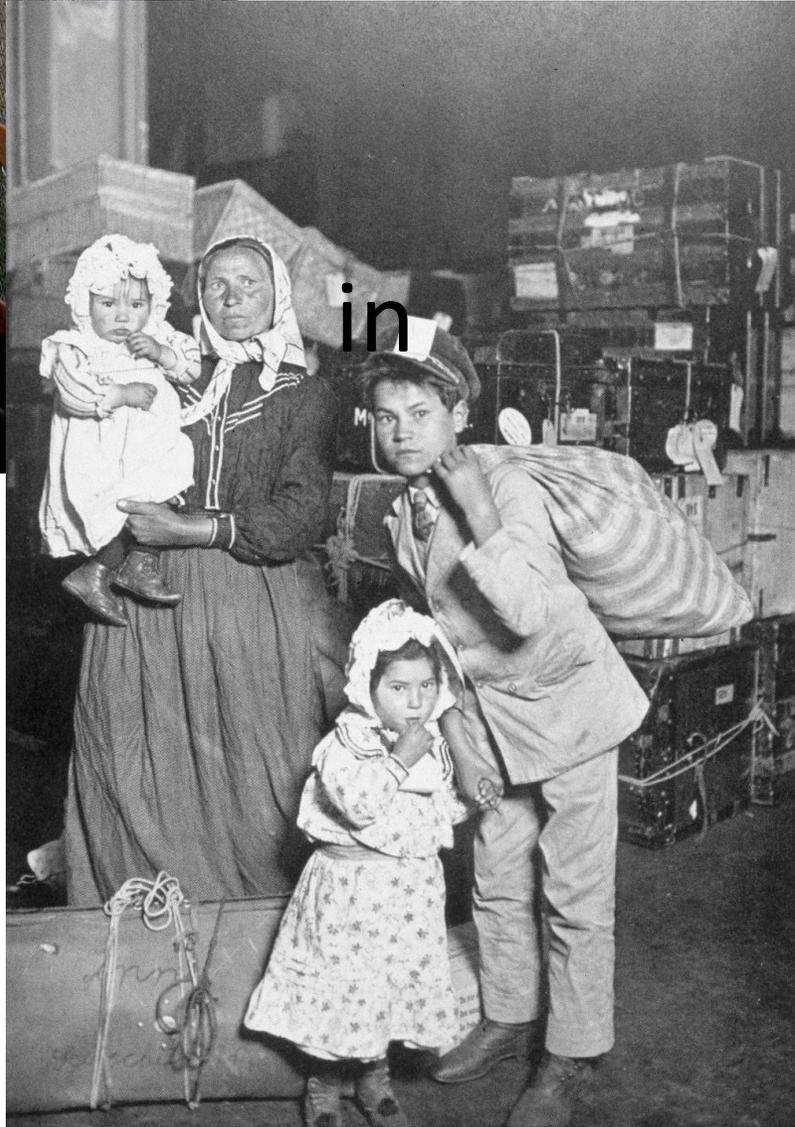
There was a movie about a honeymoon. Who were the **actors** who were the stars of the movie? What kind of car did they drive? What were they pulling?

Can you give me the title of the movie?



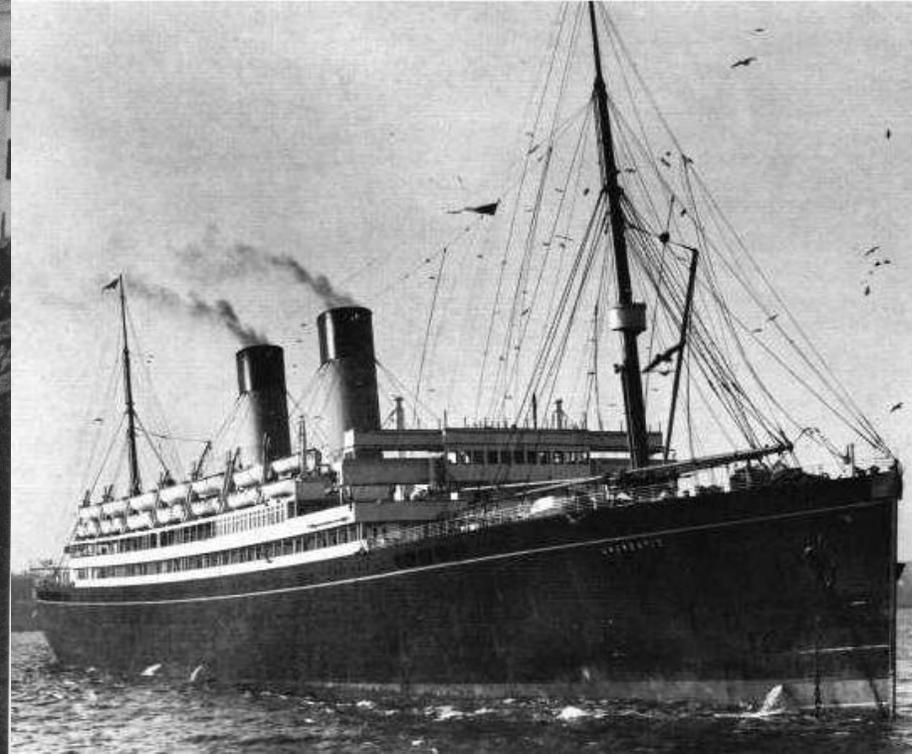


**Who** would have been passengers on such a ship?



in

**Where** did they first land in New York?



How did these people pack their belongings?



What was this black and white vehicle called?

How did it hitch a ride to space from 1981 to 2011?

Walking in space can only be done by **WHOM?**



**Who** is the famous man sitting in his wheel chair with his dog named Fala on his lap?

Many people need assistance transporting their “wheels” from one place to another.



Why is a vehicle called a van so helpful for loading?

What kind of special tag is needed for the driver to park in a loading zone?





**Who** was the woman who was tired and would not move to the back of the bus?

**What** city and state did the boycott of busses begin?



What happened to her?



**How** did this action change this country?



What is the  
**family name** of the  
people in the car?

Where are they  
moving to **live**?

What made them **rich**?

How did you get to know  
them each week?





Name the  
common vehicle  
they drove.



**What did people call  
these colorful travelers?**





**Who are the people in red?  
What's their job?**

**Who is going to ride in  
this golden carriage?**

**Who pays for the  
carriage ride?**





↪  
What are these men doing in their canoe?



**Who were the first to make and use canoes for trips?**



↪ Why are these ladies wearing swimsuits in their canoe?



**Who** would be painting on the side of train cars?



**Why** would people want to paint on train cars?



**What** name did people get called when they would “ride the rails” for free?

Today, if people have no where to live.....



...What label are they given?



There are all kinds of  
ways to “get there!”



Which bus would get you across the country?



Which takes a stop in the city?



Climb on this bus to get to school.

Sleep in this bus if you can't find a motel.





What kind of  
“car” is this?

Why might some  
riders be afraid?

Did you ever ride  
on one?

Where were you?



**Think about words:**

What would **you say** to make a horse go faster?

What would **you say** to your dog team?

When you skate on smooth ice, you (g)\_\_\_\_\_.

What season would you need this kind of transportation?

How are they moving on the snow?



If you are climbing “half way to the stars” you might be riding this car.

Do you know the name of the city where you “hop on and hop off?”



What fills these colorful shapes?



When you ride along where do you stand?



Some states have festivals for these rides. Have you ever gone along?



This shape may be seen above a football field. Why does it need many people pulling on ropes?

Did you ever take a **bike** trip?  
Where did you go?



Did you ever  
decorate  
your bike?  
Why?



What did your bike look like?

How did you dress to  
ride your bike?



Who did you like to  
ride with?

What were the  
roads like?





How did you decorate your skates?

How did you stop rolling?



Who went with you to skate?

Where did you go?

Do you know the name of your favorite rink?

What did you wear?





Do you know any story about a truck or a “long hauler?”



What kind of trips do these trucks make?





What kind of boat do you like best?



On what water do you travel?

What do you do on the water?



Where did you learn the skill?  
Were you in the military?



Did you fly? Or did you travel in the sky?



What was your responsibility or experience?



Where did you get  
the best view?



How did the  
train run?  
What sounds  
did you hear?



Where did you go  
on a train?  
Where did you buy  
your ticket?  
Were you on a vacation?  
With whom?

Did you ever drive in a parade?  
What did you drive?

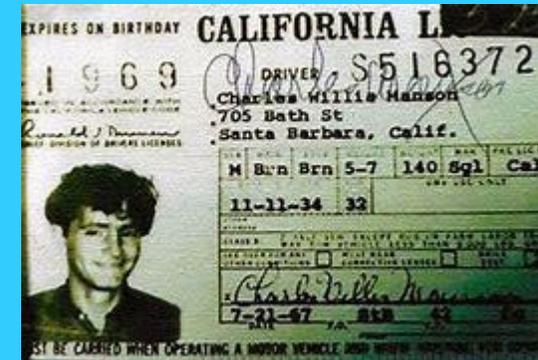
Were you on a float? Why?

How did you greet the people?



How did you help make the float?

In the US, all kids dream of owning their first car!





Do you see a family car that you once owned?



How many people can you get in this car to go to the lake?



Name the small car?   
What was its nickname?

HINT: Did you play "slug bug?"

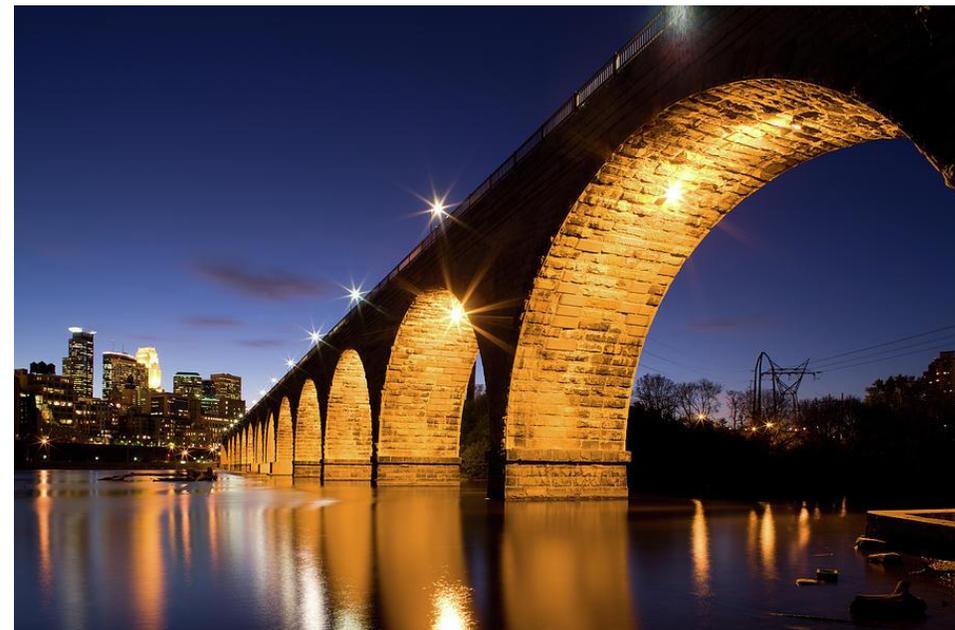




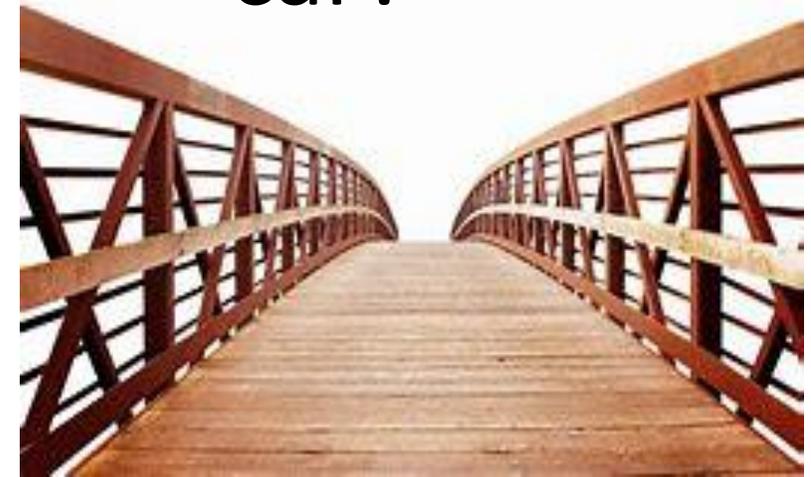
Here are different bridges..  
Which bridge would be  
hard to cross? Why?



On which bridge  
would you drive a  
car?



Which bridge is only  
for people?  
Which ones are made  
of stone?  
Which one is made of  
wood?





Why did many young men want  
a sports car?  
Which car was named  
← after a horse?

The homecoming queen might sit on a  
sportscar.

What  
Kind?





All roads lead somewhere!

Which two pictures show country roads?

Which road is a winding dirt road?

Which road has cars stopped  
at all four corners?

Which road looks like it is a  
very busy highway?

Which kind of road would you  
like to drive?

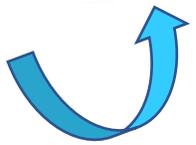




Sometimes you need to stop while traveling.



In winter sometimes we add these to the tires to get through snow!



Why did the blue truck have to stop?



Oh no, we must slow down!



What is happening?

What happened on this road?





Which of these cars has four "holes" near the front?



If you rode in the back seat how did your hair look, girls?

Why did people like this kind of car?  
What could you do in the summertime?



**Not all Trips  
Are**

**Big Trips!**

**Where are these  
People going?**



What kind of automobile made it easier for families to transport loads?

What did they buy? Where?  
What grocery do you like best?





This family is going to meet their friends. Why?

What objects do you see that might be at a picnic?

How are the children playing?



It is July; what's going on?



Did you ever decorate your bike? What did you use?

Why did you decorate it?

Who is in the parade?

What sounds do people make on July 4<sup>th</sup>?





Did you ever help with a car wash?  
Did you play pranks?

What happened  
to this car?

Where did they  
take it?





How did you get  
in the Drive-in?

How did  
you hear the  
movie?



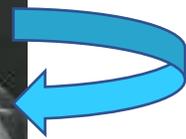
Well, look  
who is not  
watching the movie!



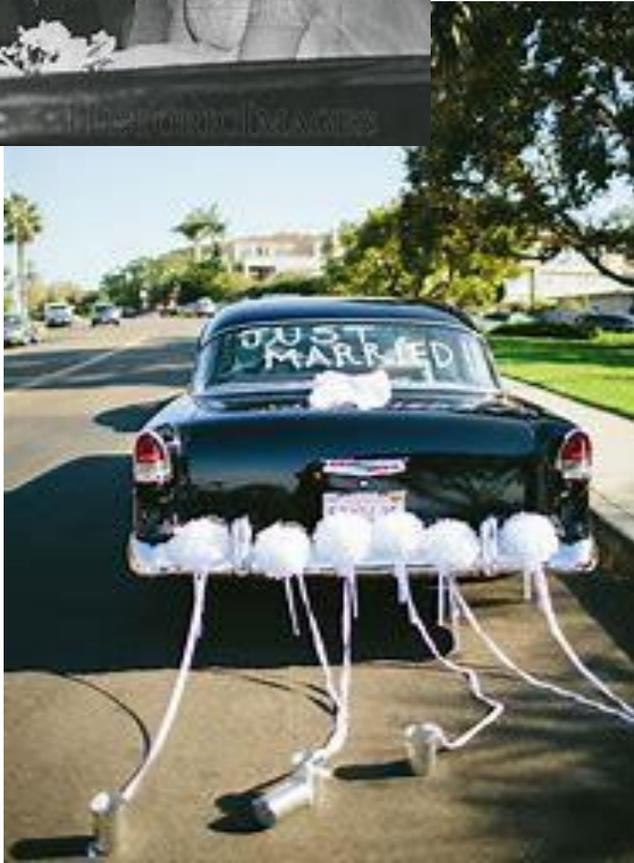
What movie is on the screen?



A lot of people might take a trip to worship.



What occasion is going on here?



What did you do when you "decorated" a car for the honeymoon?



Parking lots might be full for holidays.

For what holiday is this fellowship decorated?



Not all trips are “pleasant” trips!



What might make this a little nasty?

Do you have a garbage story?



# What trip is being planned?



Name the objects here!

## When is this blue book needed?





What are they filling?

Who is neatly packing? Who won't fit it all inside?

Name the objects to plan a trip.

What do you call a book of maps?

What use is the round object?

What do you need to start the engine?

What does the red line tell you?





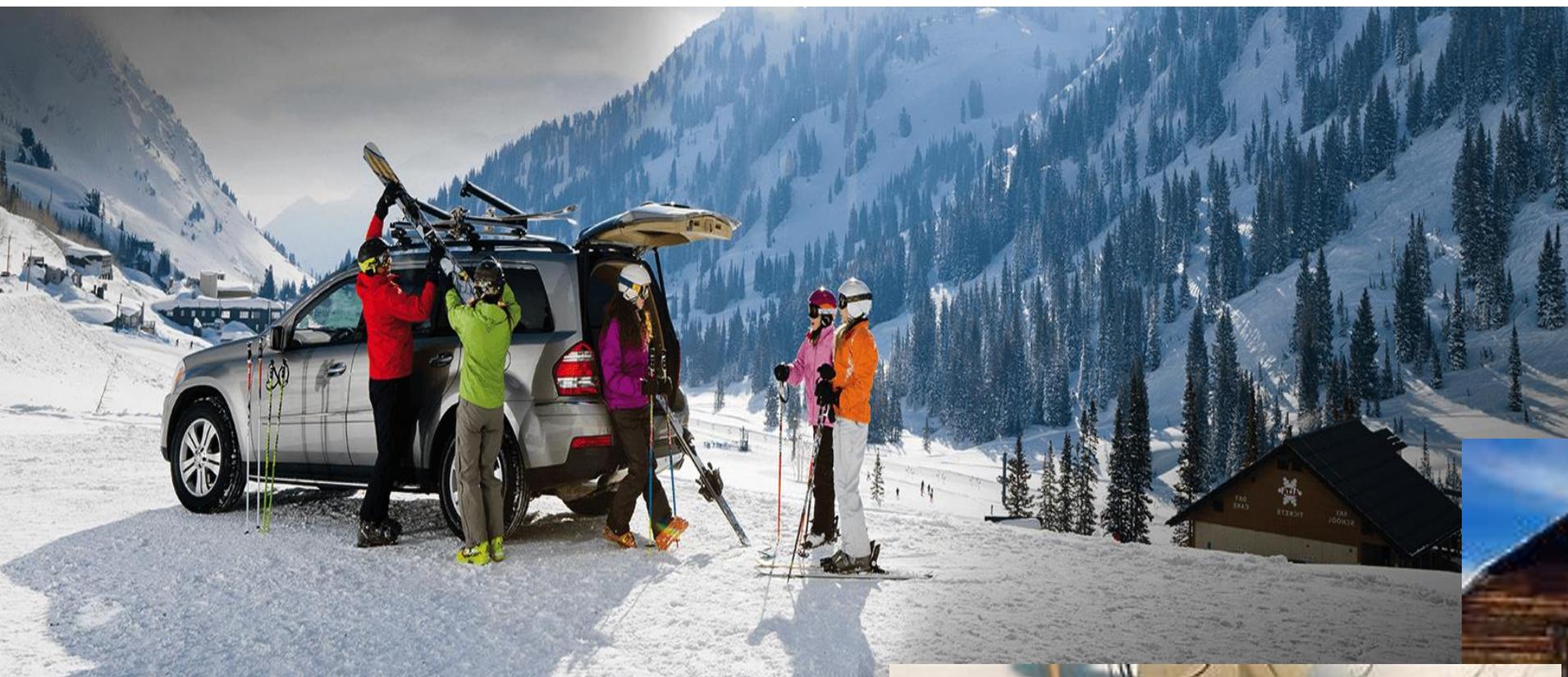
Why is this girl safe and ready?



Where are they going?  
What is the girl happy to take on the trip?







What kind of outdoor activities will happen?



Where did these friends go?  
What did they pack on top of the car?

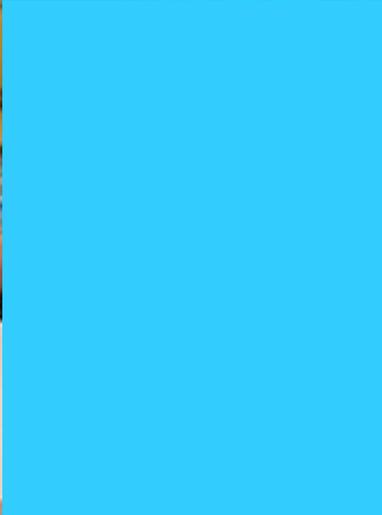




***Congratulations of getting this far!  
Now it is time to meet up with someone you  
know from home.***

# Let's do something together!

*A creative activity follows here!*



# Georgia O'Keeffe

created this last work of art in her garage. The canvas was too large for her studio. She painted smaller studies before she tackled a canvas 9 x 24 feet at the age of 77.

She was limited by macular degeneration. The largest of three versions is in the Chicago Art Inst.

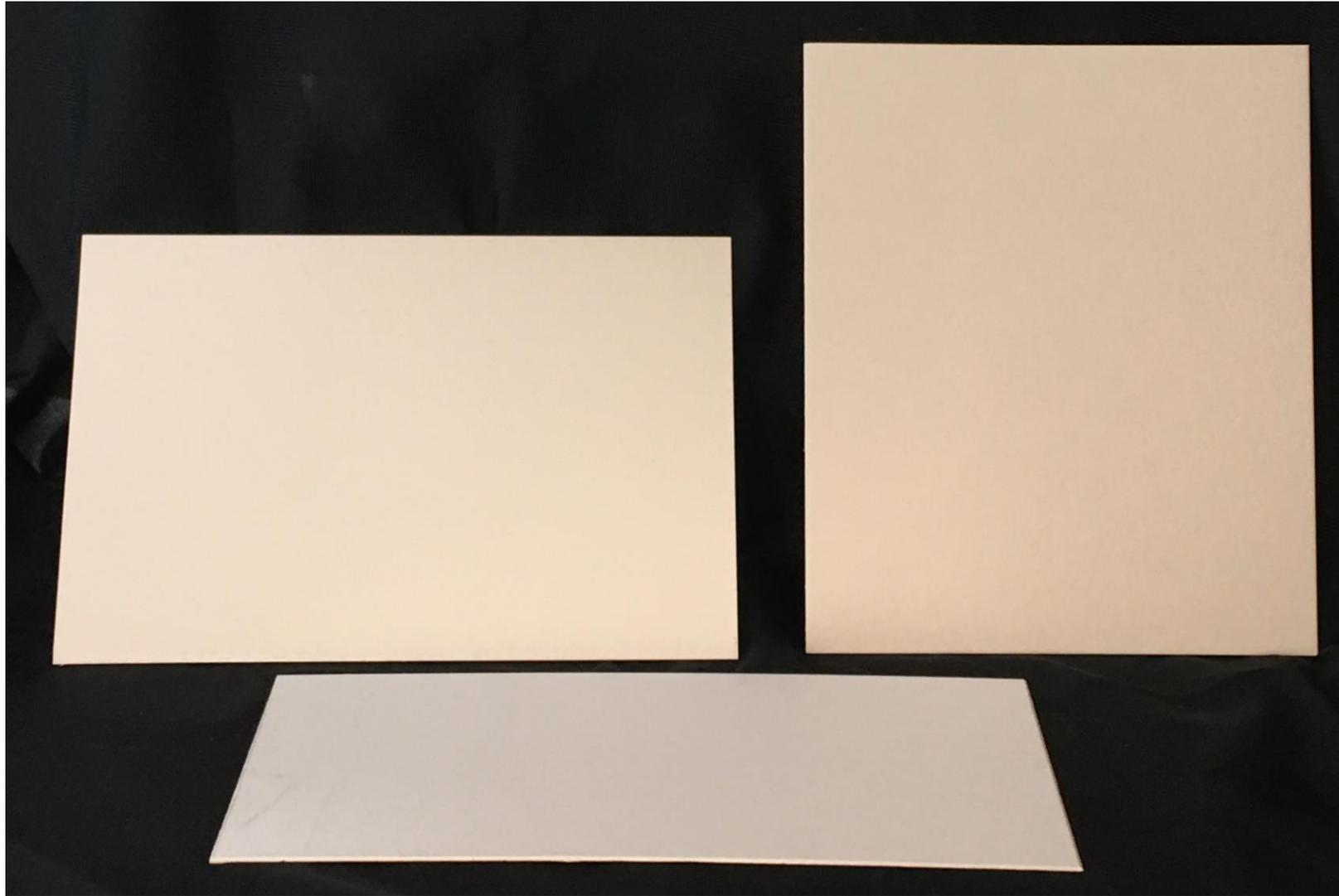
What do you think is O'Keeffe's subject matter?

If you looked out a window, where might you see something like this?

Did you ever daydream about what you could imagine in the sky?

Let's use the piece as inspiration!



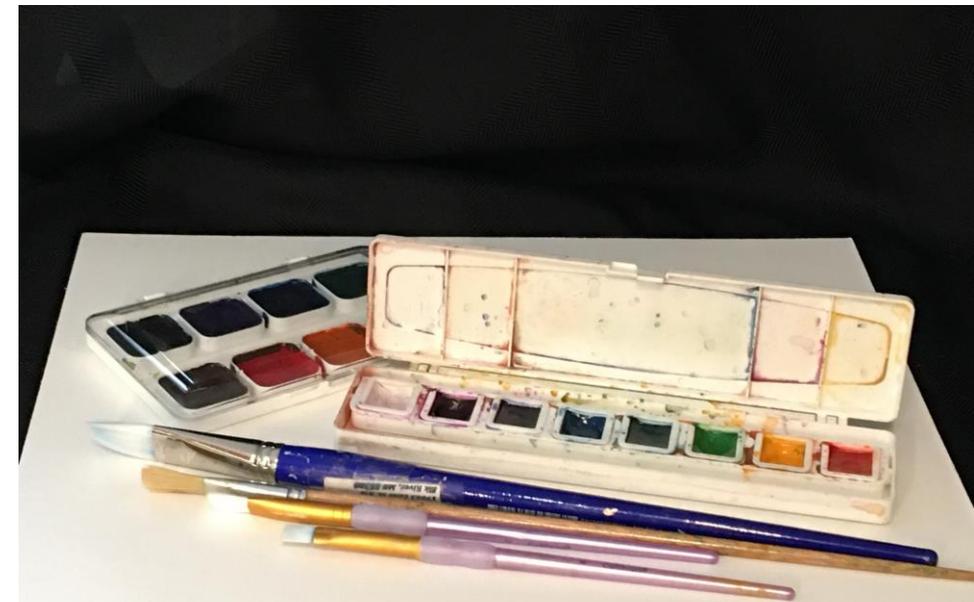


You don't have to be fussy about the size (8 x 10 is common) or shape you are using. I had white cardboard. Or you might want to get an inexpensive cloth covered "canvas board.." They are sold at JoAnn Fabrics, Michaels, Walmart, or Target. You will find them by acrylic paint.



You will want to gather white, blue, and red acrylic paint, brushes, a water jar for rinsing, and some paper plates for palettes.

Or you might have a set of watercolor paints. They will work just fine too. But you do need a water jar for rinsing, and some paper plates for palettes.

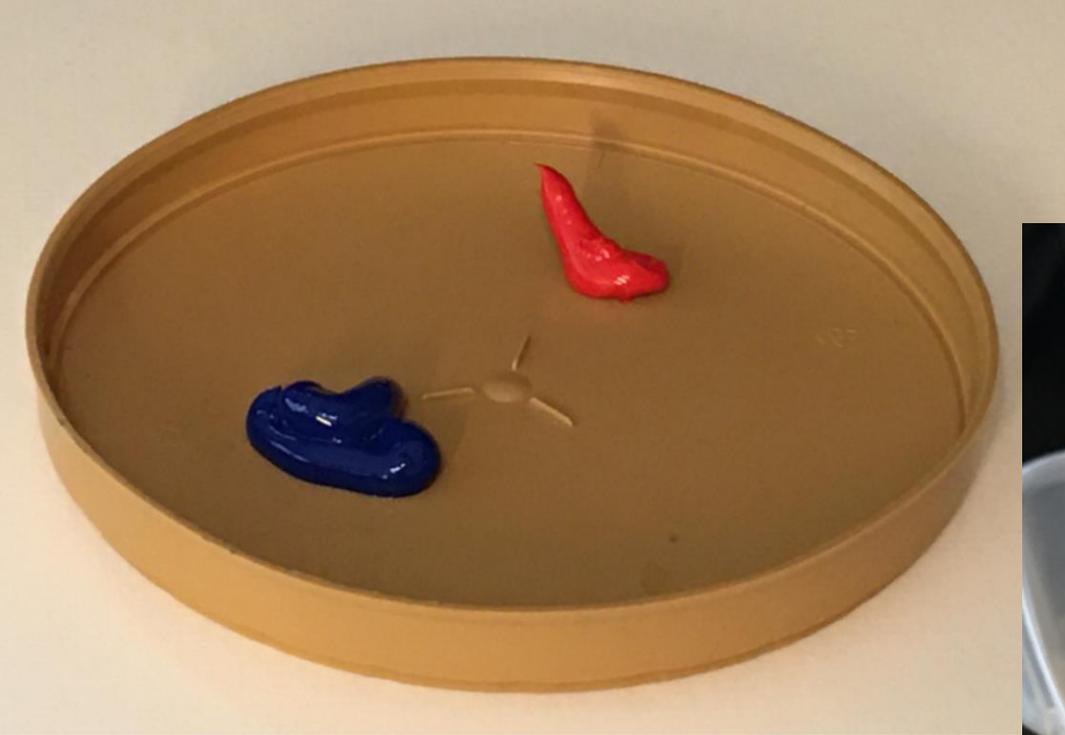


If you fly above the clouds and are looking through an airplane window, you will see the colors of a sunrise or sunset.

For the background of our project we will be using blues and pinks.

Take one more quick look!





If you are using acrylics, it is best to keep white separate. I use coffee lids and pans made of plastic for organizing my paint supply.



Then I put some white on a paper plate. I TAP the blues (notice how LITTLE I pick up) and then mix it together for a pale blue.



Then I put some white on another paper plate. I TAP the red (notice how LITTLE I pick up) and then mix it together for a pale pink.



**Now** I paint a pink area with a brush. I rinse it, or get another clean brush.

**I then** paint a blue area.

**It is fine** for them to overlap and blend in the middle.



**Let** the pink and pale blue dry a bit.

**Then** paint the rest of the image like this with **blue**.

**Make** sure the darker blue is at the top and bottom.

**Fade** as you meet the pink.



Let your background dry.

Now we will **Tear**  
the clouds.

I used a heavier  
weight white paper.

It tears easier.

I start by tearing  
five different widths



**I want** to make the clouds look smaller in the distance.

**Here I am tearing** big clouds for the bottom row.

**The next slides** show the order of the rows as I tore and added smaller clouds.



Row 1:

Torn and glued.



Row 2:

Torn and glued.



Row 3:

Torn and glued.

*Each row gets smaller, as you work up to the pink.*



Row 4:

Torn and glued.



Row 5:

Torn and glued.

*See how the clouds look far away if they are smaller in the distance?*



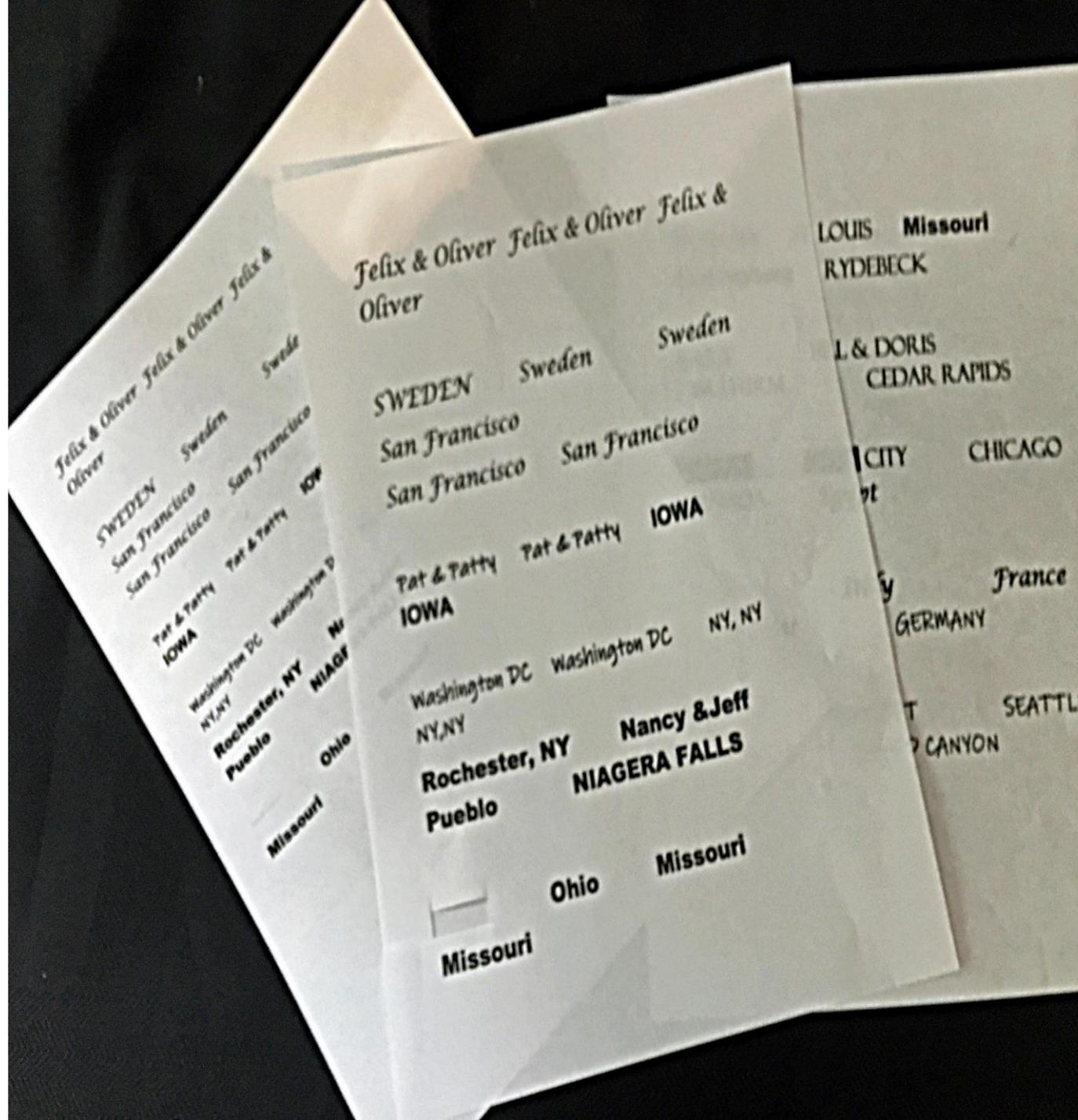
Now my background  
is ready!

Our next task is to  
think of:

1. Trips already taken
2. Trips you dream of taking  
and
3. People you would like  
to go visit!

I did that on the computer. I used different fonts and sizes of print.

Or you could write them yourself, ask someone to record, or find words in a magazine.



For the **final** step, I **cut** out my words and names.

I **glued** them on some of my clouds.

Now I daydream about when I can fly to see the people and places!





*I hope you found some of these images, prompts, and activities helpful in stimulating long term memory.*

*I hope it was easy to divide the program up into segments, so you were not overwhelmed and were able to revisit sections.*

*More than anything, I want you to feel supported as you move through this long journey.*

*Joyful moments are still ahead of you!*

*Thank you for trying this out. I would be grateful for any comments. Contact me at:*

[mycellarstudio@gmail.com](mailto:mycellarstudio@gmail.com)

*Paula Benfer*



# P.S.



This image is by  
Duayne Wilcox

*Dear Traveler,  
Please remember  
there are good people  
everywhere. We can  
learn a lot from  
different cultures. We  
are more alike than  
we are different. After  
all... **we** might be the “different” ones !!!*

*SAFE TRAVELS!*

Dear friends,  
Please consider this a personal invitation to attend ART BRIGHT with us when health concerns are lifted. Watch the Union UCC website for updates. We would love to have you participate!

Or, if you prefer, contact the artist to schedule programing which may better suit your needs.

[www.mycellarstudio.com](http://www.mycellarstudio.com)

Or

[Mycellarstudio@gmail.com](mailto:Mycellarstudio@gmail.com)

If this Power Point was useful to you, please share it with others dealing with aging, or perhaps, with memory loss.

Paula Benfer

# ART BRIGHT

Art Bright Site



-  Encourages community
-  Allows care giver to relax
-  Breaks isolation
-  Stimulates memories and conversations
-  Provides enjoyable art making at skill level

**Paula Benfer**

Artist & Certified Teacher

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FOUR SESSIONS OFFERED

**Tuesdays 10 AM – 12 Noon**

See back side of this ad for session dates

Host Location:

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1118 4th St. NW, Elk River, MN

*Fully accessible and open to all!*

To register, call or email:

Union UCC at 763-441-1203

[churchoffice@elkriverucc.org](mailto:churchoffice@elkriverucc.org)

*The memory loss participant is accompanied by a spouse, a son or daughter, a loved one, sibling, etc. Or, they may be joined by their home health-care provider or clinician.*



This activity is made possible by the voters of Minnesota through a grant from the Minnesota State Arts Board, thanks to a legislative appropriation from the arts and cultural heritage fund.

